

ALL FREE RANGE EGGS! 

## BREAKFAST FAVOURITES

- PHAT Breakfast**.....12.99  
Two Free Range Eggs any style, Smoked Meat or Bacon, Hashbrowns, Toast  
*Sub Smoked Meat / Bacon for Chicken Apple Sausage 2*
- The Yuppy**.....10.99  
Two Free Range Eggs Poached, Avocado, fresh Tomato, Multigrain Toast
- Chorizo Pesto Scramble**.....12.99  
Free Range Eggs scrambled with Veggies, Chorizo and Pesto, served with Hashbrowns and Toast
- Veggie Scramble**.....12.99  
Free Range Eggs scrambled with Arugula, Red Pepper and Goat Cheese, served with Hashbrowns and Toast
- Lox on Marble Rye**.....12.99  
Wild Smoked Salmon, Dill Cream Cheese, Capers and Onions on Marble Rye

## PHAT N' FAMOUS BENEDICTS

Served on an English Muffin with a side of Hashbrowns

- Montreal Smoked Meat**.....12.99  
Shaved Montreal Smoked Meat, 'nuff said'

FAV!

- Avocado & Tomato Benedict**.....12.99  
Fresh Avocado, Tomato slices, Goat Cheese
- Wild Smoked Salmon Benedict**.....14.99  
Wild Smoked Salmon, Dill Cream Cheese, Capers
- Ham Benedict**.....12.99  
Warm Black Forest Ham

## SWEET TOOTH

- Best Belgian Waffle**.....10.99  
Fresh Strawberries, Whipped Cream, Syrup
- Yogurt & Cinnamon Spiced Granola**.....7.99  
Fresh Strawberries, Granola, Vanilla Yogurt

## PHAT BREAKFAST SANDY 10.99

- Option 1:** Scrambled Egg, Avocado, Tomato, Mozzarella, Arugula, House Aioli on a Brioche Bun, Hashbrowns
- Option 2:** Scrambled Egg, Bacon, Cheddar, Arugula, House Aioli on a Brioche Bun, Hashbrowns
- Option 3:** Scrambled Egg, Smoked Meat, Swiss, House Aioli on a Brioche Bun, Hashbrowns

### Morning Starters

- PHAT Cup a' Coffee** 2.75
- 49th Parallel Cold Brew** 6
- Teaja Loose-leaf Teas** 3.50  
Jasmine Green, Earl Grey, English Breakfast, Rooibos, Peppermint, Chamomile
- Orange Juice** 4
- Fruit Juice** 3.25  
Apple, Grapefruit, Cranberry, Pineapple

### Boozy Breakfast

- Manmosa** 8.50  
Half Sparkling Wine, half Lager and fresh OJ
- Phat Caesar** 7 | 9  
Pepperoni, pickle and olive in the classic
- Double Double** 8.50  
1 oz. each of Baileys and Whiskey with Coffee
- Pick Me Up** 12  
49th Parallel Cold Brew, Baileys, Absolut Vanilla Vodka

## SIDES

- |                     |      |                              |           |
|---------------------|------|------------------------------|-----------|
| <b>Hashbrowns</b>   | 3    | <b>Chicken Apple Sausage</b> | 4         |
| <b>Hollandaise</b>  | 1.5  | <b>Nutella</b>               | 1.25      |
| <b>Half Avocado</b> | 2.75 | <b>Cream Cheese</b>          | 1.25      |
| <b>Egg</b>          | 2.25 | <b>Sub Gluten Free Bun</b>   | 1         |
| <b>Bacon</b>        | 3    | <b>Latkes</b>                | 3.5 / 6.5 |

# THE MONTREAL SMOKED MEAT CLASSICS

FRIES / SIDE SALAD / SOUP / SLAW 3  
CAESAR / YAM OR GARLIC FRIES / ONION RINGS 4

**Montreal Smoked Meat Sandwich** 9.99  
Montreal Smoked Meat on Marble Rye with Mustard

**Reuben** 11.99  
Montreal Smoked Meat topped with Sauerkraut, melted Swiss Cheese on Toasted Marble Rye with Mustard

**Montreal Smoked Meat Poutine** 9.99  
Fries and melted Cheese Curds topped with our famous Gravy and Montreal Smoked Meat

**GIMME' MORE MEAT! 2**

## LET'S SHARE!

**Chicken Wings**.....12.99  
One pound of Rosstown Farms Wings tossed in your choice of sauce: Hot, BBQ, Thai Chili, Salt and Pepper

**El Grande Nachos**.....18.99  
Mozza and Cheddar with Black Beans, Onions, Tomatoes and Jalapenos *Add Guac 3.5, Chicken or Chili 3*

**Quesadilla**.....12.99  
Chicken, Mozza and Cheddar with Black Beans, Onions, Tomatoes, Jalapenos and Chipotle Mayo *Add Guac 3.50*

**Perogies**.....8.99  
Mini Potato Dumplings fried with Caramelized Onions, Sour Cream and Bacon

**Flatbreads**.....13.99  
**The Canuck Eh:** Ham, Bacon, Mushroom, Tomato Sauce, Mozzarella

**Veggie:** Mushroom, Tomato, Onion, Red Pepper, Tomato Sauce, Mozzarella, topped with Arugula  
*Add Dipping Ranch 1.50*

## PHAT'S FAVES

FRIES / SIDE SALAD / SOUP / SLAW 3  
CAESAR / YAM OR GARLIC FRIES / ONION RINGS 4

**Yaletown's Best Beef Dip**.....10.99  
Roast Beef on a Toasted Ciabatta with Horseradish Mayo, Au Jus

**Turkey Clubhouse**.....10.50  
Roasted Turkey Breast, Bacon, Avocado, Lettuce, Tomato, Mayo and Mustard

**BLT**.....10.50  
The usuals with Mustard and Mayo on Sourdough

**Tuna Melt**.....10.50  
Tuna Salad just like Moms', melted with Cheese and Dijon on Marble Rye

**Beef Chili**.....10.99  
House made served with Sour Cream, Cheese and Green Onion

**Chicken Fingers & Fries**.....11.99

**Burgers & Fries**.....13.99  
2 Prime Rib Sliders topped with Caramelized Onions, Cheddar, Garlic Mayo, and BBQ Sauce with a side of Fries *Add Slider 4.50*

**Fish N' Chips**.....14.99  
Two pieces of Oceanwise Beer Battered Cod, Fries and Slaw

## SOUPS & SALADS

**Dressings:** Oil and Vinegar, Caesar, Ranch, House Vinaigrette, Blue Cheese

**Chicken Caesar Salad**.....12.99  
Caesar Salad topped with Roasted Chicken, Parmesan and House Made Croutons

**Chef Salad**.....12.99  
Roasted Chicken, Hardboiled Egg, Smoked Meat, Swiss and Cheddar, Fresh Tomato and Cucumber

**Roasted Butternut Squash Salad**.....12.99  
Kale, Arugula, Squash, Apple, Red Onion, Pumpkin Seeds, Goat Cheese, drizzled with Maple Balsamic Vinaigrette *Add Chicken 3*

**Mushroom Bisque Soup**.....6

**Seasonal Creation Soup**.....6

## SNACKS N' SIDES

French Fries 6

Yam Fries 8

Poutine 8

Garlic Fries 7

Onion Rings 8

Chili Cheese Fries 9

Chips and Salsa 5

Veggie Plate 8

FEELIN' A LITTLE SNACKY?

## BUILD YOUR OWN SANDWICH 9.99

FRIES / SIDE SALAD / SOUP / SLAW 3  
CAESAR / YAM OR GARLIC FRIES/ ONION RINGS 4

**Carb:** Brioche Bun, Ciabatta, Sourdough, Marble Rye, Multi-grain, Gluten Free (\$1)

**Protein:** Smoked Meat, Turkey, Ham, Avocado, Tuna Salad, Bacon, Roasted Chicken (\$2)

**Cheese:** Cheddar, Swiss, Mozzarella, Goat Cheese

**Veggies:** Lettuce, Tomato, Cucumber, Onion, Bell Peppers

**Sauces:** Mayo, Horseradish Mayo, Garlic Mayo, Mustard, Honey Mustard, Dijon, Oil and Vinegar

## HAPPY ENDINGS

Ask about our seasonal dessert!