



BREAKFAST

ALL DAY

EVERY DAY!

BREAKFAST FAVOURITES

- PHAT BREAKFAST.....**\$12.99**
2 eggs any style, smoked meat or bacon, hashbrowns, toast, fresh fruit, sub meat for sausage (\$2)
- THE YUPPY.....**\$9.99**
2 poached eggs, avocado, fresh tomato, multigrain toast, fresh fruit
- CHORIZO PESTO SCRAMBLE.....**\$12.99**
Scrambled eggs mixed with veggies, chorizo and homemade pesto, served with hashbrowns, toast, fresh fruit
- SPINACH, TOMATO & FETA SCRAMBLE.....**\$12.99**
Scrambled eggs mixed with spinach, tomato and feta, served with hashbrowns, toast, fresh fruit
- BAGEL WITH LOX.....**\$9.99**
Wild smoked salmon, dill cream cheese, capers and onions on a sesame bagel

BREAKFAST BAGEL
GRILLED WITH A FRIED EGG.
YOU CHOOSE YOUR COMBO:

BAGEL:
Sesame, Everything

PROTEIN:
Smoked Meat, Ham, Bacon, Avocado

CHEESE:
Cheddar, Havarti, Mozzarella, Swiss

\$7.50

PHAT N' FAMOUS BENEDICTS

Served on an English muffin with a side of hashbrowns, fresh fruit

- MONTREAL SMOKED MEAT.....**\$11.99** **FAV!**
Shaved Montreal smoked meat, 'nuff said'
- AVOCADO & TOMATO BENEDICT.....**\$11.99**
Fresh avocado and tomatoes with garlic cream cheese
- WILD SMOKED SALMON BENEDICT.....**\$13.99**
Wild smoked salmon, dill cream cheese and capers
- HAM BENEDICT.....**\$11.99**
Warm black forest ham

SWEET TOOTH

- BEST BELGIAN WAFFLE.....**\$10.99**
Syrup, fresh whipped cream, fresh fruit
- YOGURT & CINNAMON SPICED GRANOLA.....**\$7.99**
House made granola, Greek yogurt, fresh fruit

Morning Starters

- PHAT Cup a' Coffee.....**\$2.75**
- Organic Loose-leaf Teas.....**\$3.50**
Jasmine Green, Earl Grey, English Breakfast, Rooibos, Peppermint, Chai
- Orange Juice.....**\$4.00**
- Fruit Juice.....**\$3.25**
Apple, Grapefruit, Cranberry, Pineapple

boozy breakfast

- Manmosa.....**\$8.50**
Half sparkling wine, half lager and fresh OJ
- PHAT Caesar.....**\$6.50/8.50**
Smoked meat, pickle and olive in the classic
- Double Double.....**\$8.50**
1 oz. each of Bailey's and whiskey with coffee

SIDES

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|---------------------------------|-------------------------------------|
| HASHBROWNS..... \$3 | CHICKEN APPLE SAUSAGE... \$4 |
| HOLLANDAISE..... \$1.5 | REAL MAPLE SYRUP..... \$1.5 |
| HALF AVOCADO..... \$2.75 | NUTELLA..... \$1.25 |
| EGG..... \$2.25 | CREAM CHEESE..... \$1.25 |
| FRUIT PLATE..... \$6.25 | SUB GLUTEN FREE BUN..... \$1 |
| BAGEL..... \$2.25 | LATKES..... \$3.5/6.5 |

THE MONTREAL SMOKED MEAT CLASSICS

— ADD FRIES/ SIDE SALAD/ SOUP/ SLAW \$3 —

MONTREAL SMOKED MEAT SANDWICH.....\$9.99
Montreal smoked meat on marble rye with mustard

REUBEN.....\$11.99
Montreal smoked meat topped with sauerkraut, melted Swiss cheese on toasted marble rye with mustard

— GIMME MORE MEAT! \$2 —

MONTREAL SMOKED MEAT POUTINE.....\$9.99
Fries and melted cheese curds topped with our famous gravy and Montreal smoked meat

SHARE

CHICKEN FINGERS AND FRIES.....\$11.99

CHICKEN WINGS.....\$12.99
Pound of Rosstown Farms wings tossed in your choice of sauce: **HOT, BBQ, HONEY MUSTARD JALAPEÑO, SALT & PEPPER**

PRIME RIB SLIDERS.....\$13.99
Prime rib patties topped with caramelized onions, cheddar, garlic mayo and BBQ sauce

EL GRANDE NACHOS.....\$18.99
Mozza and cheddar with black beans, onions, tomatoes and jalapenos
Guacamole (\$3.50) Chicken or Chili (\$3)

QUESADILLA.....\$12.99
Chicken, mozza and cheddar with black beans, onions, tomatoes, jalapenos and chipotle mayo

DRY RIBS.....\$10.99

PEROGIES.....\$8.99
Mini potato dumplings fried with caramelized onions, sour cream and bacon

PHAT'S FAVES

ADD FRIES/ SIDE SALAD/ SOUP/ SLAW \$3

YALETOWN'S BEST BEEF DIP.....\$10.99
Roast beef on a toasted ciabatta with horseradish mayo, au jus

TURKEY CLUBHOUSE.....\$10.50
Turkey, bacon, avocado, lettuce, tomato, mayo and mustard on sourdough

CHICKEN CLUBHOUSE.....\$10.50
Chicken salad, bacon, cheddar, lettuce, tomato, mayo and mustard on sourdough

BLT.....\$10.50
Usuals with mustard and mayo on sourdough

TUNA MELT.....\$10.50
Tuna salad just like moms, melted with cheese and dijon on marble rye

BEEF CHILI.....\$10.99
House made served with sour cream, cheese and green onions

BBQ CHICKEN FLATBREAD.....\$13.99
Chicken, mozzarella, red onion, BBQ sauce

FISH N' CHIPS.....\$14.99
2 pieces of Oceanwise beer battered cod, fries and slaw

SNACKS N' SIDES

FRENCH FRIES \$6

YAM FRIES \$8

POUTINE \$8

GARLIC FRIES \$7

ONION RINGS \$7

CHILI CHEESE FRIES \$9

CHIPS AND SALSA \$5

VEGGIE PLATE \$8

SIDE SALAD \$7

SOUPS & SALADS

SPINACH SALAD.....\$12.99
Spinach, cherry tomatoes, cucumber, apple and roasted chickpeas tossed in a house made vinaigrette topped with crumbled feta

CHICKEN CAESAR SALAD.....\$12.99
Chopped romaine tossed in Caesar dressing with house made croutons, Parmesan and topped with roasted chicken

CHEF SALAD.....\$12.99
Smoked turkey, hard boiled egg, smoked meat, Swiss and cheddar cheese, fresh tomato & cucumber

CLUB SALAD.....\$12.99
Avocado, bacon, olives, hardboiled egg, feta, fresh tomato & cucumber

DRESSINGS:

Oil and vinegar, Italian, Caesar, Ranch, House Vinaigrette, 1000 Island

MUSHROOM BISQUE SOUP.....\$5.25

SEASONAL CREATION SOUP.....\$5.25

BUILD YOUR OWN SANDWICH \$9.99

— ADD FRIES/ SIDE SALAD/ SOUP/ SLAW \$3 —

CARB: Bagel, Ciabatta, Sourdough, Marble Rye, Multi-grain, Gluten Free (\$1)

PROTEIN: Smoked Meat, Turkey, Ham, Avocado, Tuna Salad, Bacon, Chicken Salad, Roasted Chicken (\$2)

CHEESE: Cheddar, Swiss, Mozzarella, Havarti

VEGGIES: Lettuce, Tomato, Cucumber, Onion, Bell Peppers

SAUCES: Mayo, Garlic Mayo, Horseradish Mayo, Mustard, Honey Mustard, Dijon, Oil & Vinegar



Happy Endings!

APPLE PIE A LA MODE \$7.99

